

June 30, 2009
For Immediate Release

Health Medicine Forum presents “Healthy Planet, Healthy People” at the Leshar Center for the Arts

Walnut Creek, Calif. – Health Medicine Forum (HMF) hosts “Healthy Planet, Healthy People”, the 2nd event of the Rethinking Wellness Series, at the Leshar Center for the Arts in Walnut Creek on Tuesday, August 25, from 6:45 pm to 10:30 pm. Opportunity to network from 6:45-7:15 pm. Presentations begin at 7:15 pm.

“Healthy Planet, Healthy People” will be presented by **Vicki Saputo, RN, Joel Kreisberg, DC, MA,** and **Beverly Rubik, Ph.D.** This event explores the rise in awareness of environmental issues over the last few decades, yet pollution and disease have not seen any substantive reductions as a result of education, prevention or policy. Hubris may lead us down the same path as the dinosaur and the Universe will neither notice nor care. This pessimistic view need not be a call to inaction. There is a growing movement of people in diverse industries and institutions, putting a deep sense of responsibility into progressive action. The Health Medicine Forum is pleased to present an evening of discussion on both the big picture and the practical aspects of what we can do to create a healthy home and a healthy world.

Speaker Bios:

Vicki Saputo, RN is a co-founder of the Health Medicine Forum and co-host of several radio and television programs with her husband Len Saputo, MD. In addition to being a nurse, Vicki is a Reiki practitioner, actress and is passionate about natural health. She has long been an advocate of health and beauty products made from natural, non toxic ingredients.

Joel Kreisberg, DC, MA, Dr. Joel Kreisberg is the Founder and Executive Director of the Teleosis Institute, an institution dedicated to reducing healthcare’s footprint while broadening its ecological vision. Joel is currently an adjunct professor at the School of Holistic Studies at John F. Kennedy University and California Institute of Integral Studies Masters in Integrative Health Studies Dr. Kreisberg completed his Doctor of Chiropractic at New York Chiropractic College and he received a Master of Arts degree in Integral Ecology from Prescott College. Author of several books on Homeopathy and he has been teaching and lecturing worldwide for over 20 years. He maintains a private practice in Berkeley, CA.

Beverly Rubik earned her Ph.D. in Biophysics in 1979 at the University of California at Berkeley. As a Frontier Scientist, she is internationally renowned for exploring Biofield Science and Energy Medicine. Her main area of focus is research on the *Subtle Energetics of Living Systems*, including *Spiritual Healing*. She has published over 60 papers and 2 books. Dr. Rubik has served on the Advisory Boards of various groups, including the *Program in Integrative Medicine* under Dr. Andrew Weil. She was one of 18 Congressionally-appointed Members of the Program Advisory Board to the Office of Alternative Medicine at the US National Institutes of Health (NIH) from 1992-1997, and chaired the NIH panels on Electromagnetic Medicine and Manual Healing.

Tickets may be purchased through www.lesherartscenter.org
Box Office Phone Number: 925-943-7469

The Health Medicine Forum is a non profit educational foundation of healthcare providers and community leaders dedicated to producing educational events, certification programs, Integral Healing Groups and to the advancement of Integral Health Medicine which is based on integrative, holistic, preventive, person-centered care.

For more information about HMF and membership:
925.210.7414
www.healthmedicine.org