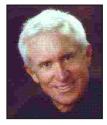


## The Health Medicine Forum presents

# Reversinggnisses Type II Diabetes

Practical cutting edge breakthroughs to prevent or eliminate diabetes without the need for drugs. Learn what you can do to reverse the metabolic syndrome that 25% of American's suffer from.

#### The speakers:



Frank Shallenberger, MD

- Anti-Aging Medicine specialist
- He is best known for his research involving the use of oxidative therapy for immune related disorders
- Licensed in conventional, alternative and
- homeopathic medicine Practice is in Carson City
- Practice is in Carson City, Nev.
  Author of The Type-2 Diabetes F
- Author of The Type-2 Diabetes Breakthrough: A Revolutionary Approach to Treating Type-2 Diabetes and Bursting with Energy

#### The facilitator:

#### Len Saputo, MD

- Founder/director of Health Medicine Forum
- Talk radio show host "Prescriptions for Health," on KEST, 1450 AM
- Founder/director of the Health Medicine Institute in Lafayette

#### 2 CEUs for RNs! CEU#12815

at all HMF events

#### Sponsored by:





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#### Ed Bauman, M.Ed, Ph.D.

- A ground-breaking leader in the field of whole foods nutrition, holistic health, and community health promotion.
- Created the 'Eating for Health' nutrition system
- Director of Bauman College
- Practice is in Penngrove
- Author of the Holistic Health Handbook, The Nutritional Healing Book, Confronting Cancer in Our Community

### Follow-up workshop for practitioners:

**Monday, Dec. 11:** This is a workshop for practitioners only and will delve into more specific details of what it takes to prevent and reverse type II diabetes.

Friday, Nov. 10, 2006 at the Lafayette Veteran's Hall

#### The admission:

- \$15 for the general public
- \$5 for Health Medicine Forum members

#### The schedule:

#### 6 - 7 p.m.

- Registration
- Organic, theraputic foods available
- Visit with sponsors Network
- Learn about future HMF events

#### 7 - 8 p.m.

Lectures by guest speakers

#### 8 - 8:30 p.m.

- Organic, theraputic foods available
- Visit with sponsors
- Visit with guest speakers

#### 8:30 - 9:30 p.m.

- Dr. Saputo leads a discussion with guest speakers
- Audience participates in Q&A

#### Organic supper available

#### Next event:

Jan. 12, 2007: The Dental Connection: Exploring the relationship between dental health and chronic diseases.

