

## The topics and speakers

### Facilitating the forum



#### **Len Saputo, MD**

Dr. Saputo is a graduate of Duke University Medical School and is board certified in internal medicine. He has been in private practice in Contra Costa County for more than 25 years. Len's approach to healing is based on an integrative model that blends mainstream and complementary and alternative medicine. He is a health educator, motivational speaker, medical editor and writer, and a television and radio personality. Len is the founder/director of the Health Medicine Institute and the Health Medicine Forum in Lafayette.

### The role of Chinese medicine



#### **Yoon Hang "John" Kim, MD MPH**

Dr. Kim is board certified in preventive medicine, medical acupuncture, and holistic medicine. He graduated from the Medical College of Wisconsin, where he was honored as a Howard Hughes Fellow. He completed the UCLA Medical Acupuncture Training and also has completed a Master's degree in public health (MPH), focusing on health promotion. Dr. Kim serves as the Dean of Integrative Medicine at Acupuncture and Integrative Medicine College, Berkeley (AIMC) where he has developed integrative medicine programs in consulting, clinical services, and education.

### Psychiatric care, not only for the patient, but also for loved ones



#### **Steve Schane, MD**

Dr. Schane graduated from the University of Michigan Medical School and did his residency at UCSF. He is board certified in psychiatry and is currently an assistant professor at UCSF's Langley Porter Clinic. He has practiced in Walnut Creek for more than 25 years. His personal experience with a loved one having died from breast cancer is in part related to his strong interest in guiding patients with breast cancer and their families. Often times family members minimize their needs, and too often they are overlooked. Care and nurturing the whole family is vital.

### Using complementary/alternative medicine



#### **Isaac Eliaz, MD, MS, L.Ac.**

Dr. Eliaz, a pioneer in the field of integrative medicine since the early 1980's, is a respected author, lecturer, researcher, product formulator and clinical practitioner. He lectures on integrative medical approaches to health, immune enhancement, and cancer prevention and treatment. Dr. Eliaz developed and currently holds the patents for several of his unique herbal formulations. The guiding mission of Dr. Eliaz's professional life is achieving the integration and synergy of multiple healing modalities from both ancient and modern paradigms into a holistic practice of medicine.

### The oncology options

#### **To be announced**

An Oncologist will discuss clinical treatments and technologies available today: surgery, radiation and chemo medication.

### A Personal healing journey

#### **A survivor**

A survivor – who carefully considered her treatment protocol, and choose an approach that was blended from mainstream to complementary and alternative care – will share her experience.

# Breast Cancer

## Now what?

Are you newly diagnosed?  
a survivor?  
a family member?  
or a health practitioner?

Join us to learn integrative options available.

**Friday, May 19, 2006**

**6:00 - 10 p.m.**

at the new

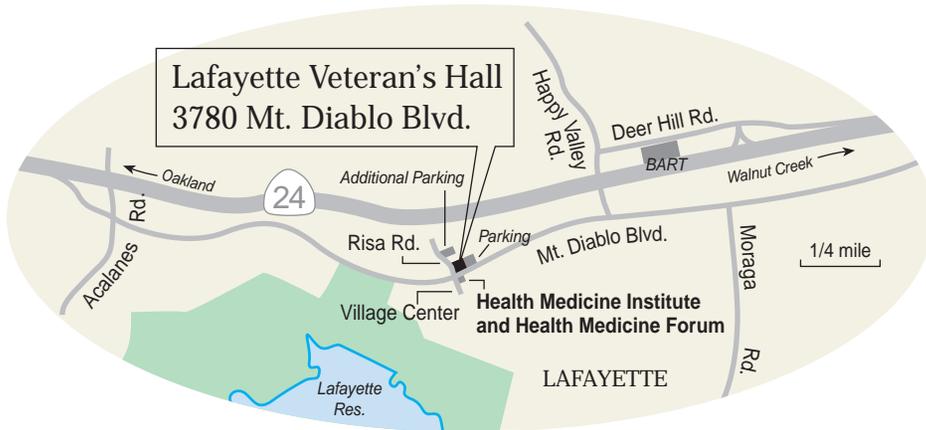
**Lafayette Veteran's Hall**

3780 Mt. Diablo Blvd.

Lafayette

## The location and admission

\$15 for the general public  
\$5 for Health Medicine Forum members  
2 CEU's available for RNs, CEU#12815



## **DIRECTIONS TO THE LAFAYETTE VETERAN'S HALL**

### **From Oakland /**

#### **Hwy. 24 east bound:**

Take the Acalanes exit. At the bottom of the ramp continue FORWARD onto Mt. Diablo Blvd. Go one mile, the Lafayette Reservoir entrance is on your right, drive a bit more and the Veteran's Hall is on your left at Risa Rd. and Village Center. Continue through the stop light, turn LEFT into the parking lot.

### **From Walnut Creek /**

#### **Hwy. 24 westbound:**

Take the Central Lafayette/ Moraga exit, get in one of the left two turn lanes. Turn LEFT onto Deer Hill Road. Continue on Deer Hill Road for one mile. At the "T," turn LEFT onto Happy Valley Road. Go one block, turn RIGHT onto Mt. Diablo Blvd. Go '0.5 mile,' the Veteran's Hall is on your right. Turn RIGHT into the parking lot.

### **From the Lafayette**

#### **BART station:**

Turn RIGHT onto Mt. Diablo Blvd., continue for '0.5 mile.' The Veteran's Hall is on your RIGHT at Risa Rd.

#### **Additional parking:**

Park across the street from the Veteran's Hall at the Health Medicine Institute, or drive up Rose Ave. for more parking lots.

Presented  
by the  
Health  
Medicine  
Forum



healthmedicine.org  
925.210.7414

## The schedule

6:00 - 6:30 p.m. • Registration

6:30 - 7:30 p.m. • Meet the Practitioner

Meet and learn from local healthcare practitioners and community educational support groups.

Healthy food will be available for purchase.

7:30 - 8:30 p.m. • Presentations

The speakers will present an overview describing their approach and therapy for breast cancer.

8:30 - 9:15 p.m. • Round table discussion

9:15 - 9:30 p.m. • Questions and Answers

Speakers and support groups will be available for a short time after the event.

“Learn how to design a personalized integrative treatment plan.”