



The Health Medicine Forum

3799 Mt. Diablo Blvd., Lafayette, CA 94549

www.healthmedicine.org • 925-210-7414

A follow-up workshop

Beat the Menopause heat

Protect your Heart & Bones and know your Hormones

Friday, April 13, 2007 • 7 - 9 pm

at the Health Medicine Center
3799 Mt. Diablo Blvd.

2 CEUs for RNs,
CEU#12815

Questions? Hot flashes? Drugs?

- Our panel will answer your personal questions
- Learn what to do about hot flashes
- Getting through the change without drugs

