

Below are facts about the Covid-19 virus that was forwarded to me that I agree with 100%. The source appears to be from John Hopkins Hospital

* The virus is not a living organism, but a protein molecule (DNA) covered by a protective layer of lipid (fat), which, when absorbed by the cells of the ocular, nasal or buccal mucosa, changes their genetic code. (mutation) and convert them into aggressor and multiplier cells.

* Since the virus is not a living organism but a protein molecule, it is not killed, but decays on its own. The disintegration time depends on the temperature, humidity and type of material where it lies.

* The virus is very fragile; the only thing that protects it is a thin outer layer of fat. That is why any soap or detergent is the best remedy, because the foam CUTS the FAT (that is why you have to rub so much: for 20 seconds or more, to make a lot of foam). By dissolving the fat layer, the protein molecule disperses and breaks down on its own.

* HEAT melts fat; this is why it is so good to use water above 77 degrees Fahrenheit for washing hands, clothes and everything. In addition, hot water makes more foam and that makes it even more useful.

* Alcohol or any mixture with alcohol over 65% DISSOLVES ANY FAT, especially the external lipid layer of the virus.

* Any mix with 1 part bleach and 5 parts water directly dissolves the protein, breaks it down from the inside.

* NEVER shake used or unused clothing, sheets or cloth. While it is glued to a porous surface, it is very inert and disintegrates only

-between 3 hours (fabric and porous),

-4 hours (copper and wood)

-24 hours (cardboard),

- 42 hours (metal) and -72 hours (plastic) only if under perfect conditions of moisture temperature and avoidance of sunlight

* The virus molecules remain very stable in external cold or artificial environments (air conditioners in houses and cars).

* The virus needs moisture to stay stable and especially darkness. Therefore, dehumidified, dry, warm and bright environments will degrade it faster.

* UV LIGHT on any object that may contain it breaks down the virus protein. For example, to disinfect and reuse a mask is perfect.

- * The virus CANNOT go through healthy skin.
- * Vinegar is NOT useful because it does not break down the protective layer of fat.
- * The more confined the space, the more concentration of the virus there can be. The more open or naturally ventilated, the less.
- * Moisturize on hands is helpful because virus molecules can hide in the micro cracks of skin thus moisturizers minimize surface carrying areas.

-JOHNS HOPKINS HOSPITAL